# **ROTARY HYMN**

I want to be a Rotarian for the world, Make the Rotary flag be a flag of peace unfurled; I will serve my community, Help to seek international unity. Through Rotary, I will dedicate my all, World understanding shall be my cherished goal.

**Refrain:** With the Four Way Test

I will pursue my quest And if I, in a way help obtain

Peace in the world

Then I won't have lived in vain.

I'll observe service above self, Lend a hand to all who need my help; I'll get my spouse to involve in Rotary And in Rotary ways I will train my family.

**Refrain:** With the Four Way Test

We'll pursue our quest

And if we, in a way help obtain

Peace in the world

Then we won't have lived in vain.

Build a bridge for tomorrow's youth, Strengthened by nothing but the truth; Let's join our hands, there's no reason to divide. We shall all understand, while the good Lord is our guide.

**Refrain:** With the Four Way Test

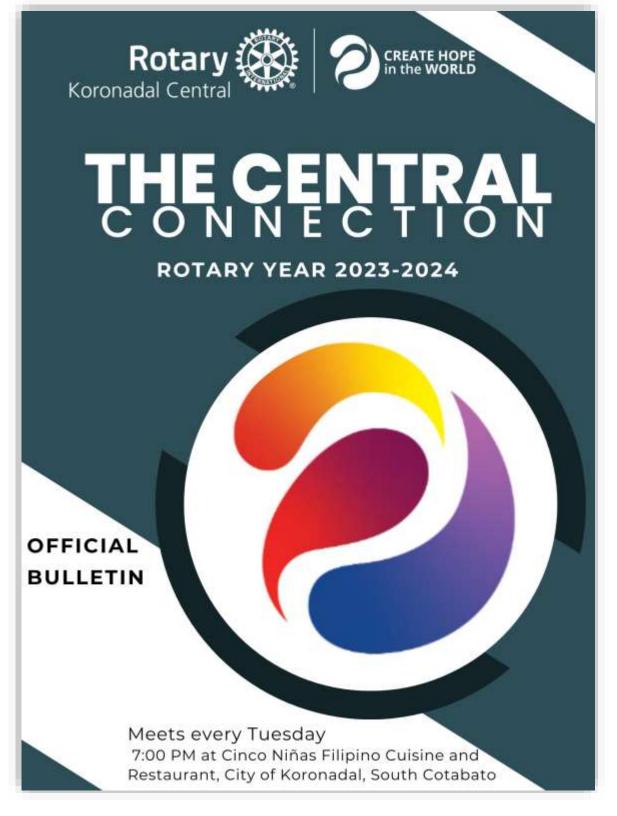
We'll pursue our quest

And if we, in a way help obtain

Peace in the world

Then we won't have lived in vain.

Peace be achieved, So we won't have lived in vain.



## The FOUR-WAY TEST

Of the things we think, say or do:
Is it the TRUTH?
Is it FAIR to ALL CONCERNED?
Will it build GOODWILL and BETTER FRIENDSHIPS?
Will it be BENEFICIAL TO ALL CONCERNED?

## **OBJECT OF ROTARY**

...is to encourage and foster the ideal of service as a basis of worthy enterprise, and, in particular to encourage and foster:

FIRST: The development of acquaintance as an opportunity for service.

SECOND: High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society.

THIRD: The application of the ideal of service in each Rotarian's personal, business and community life.

FOURTH: The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

#### **ROTARY CODE OF CONDUCT**

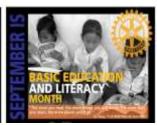
- ✓ Act with integrity and high ethical standards in my personal and professional life;
- ✓ Deal fairly with others and treat them and their occupations with respect;
- ✓ Use my professional skills through Rotary to: mentor young people, help those with special needs, and improve people's quality of life in my community and in the world;
- ✓ Avoid behavior that reflects adversely on Rotary or other Rotarians;
- ✓ Help maintain a harassment-free environment in Rotary meetings, events, and activities, report any suspected harassment, and help ensure non-retaliation to those individuals that report harassment.

#### Volume 11 | Issue 04 The Central Connection October 3, 2023

## **ROTARY OBSERVATION MONTHS**























## **OCTOBER CELEBRATORS**

October 6
Rtn. John Farid K. Macaludos



October 14
PP Junette Hurtado

October 28 Rtn. Ricardo D. Daraug, Jr.

> October 28 Rtn. Allan C. De Lima

Wishing you a very happy birthday and a splendid year ahead.

## 6<sup>th</sup> General Membership Meeting and Fellowship

### **PROGRAM**

PART I. REGISTRATION AND DINNER			
PART II. MEETING PROPER			
Call to Order	Pres. Sarah M. Gapas		
Invocation			
Philippine National Anthem	Overture		
Rotary Hymn	Overture		
Four-Way Test & Object of Rotary			
Secretary's Report	Sec. Hazel Eugenio		
President's Time and Adjournment	Pres. Sarah M. Gapas		
Agenda:			

- 1. Updates on the previous club projects and activities
- 2. October Breast Cancer Awareness campaign
- 3. The Governor's Night on November 4, 2023
- 4. Othe matters

PART III. FELLOWSHIP

# Invocation

Send us your divine truth to heal us and our land, O Lord. We pray for enough failure to keep us humble, enough success to keep us encourage. We pray you keep us low enough so we will always want to look up to You and high enough to help pull all those around us to a higher plateau of living. God the Father, keep us in need so we will always want to serve, produce and create and blest to share what we have with others. Thank you for keeping us weak so we will always call for Your divine assistance and strong enough to bear one another's burdens. Thank you for Rotary and the ideal of Service. May your blessings rest upon us as we seek to serve. Amen



## PRESIDENTIAL MESSAGE

R. Gordon R. McInally
RI President 2023-2024



The World Health Organization designates 10 October as World Mental Health Day, and with Rotary placing a special focus on mental health this year, I would like to help answer the question posed to me most often when I travel to meet members: How can my club get started?

There are some wonderful examples of Rotary members taking action already. In the Philippines, the Rotary Club of Tiaong-Hyas held a 12-week health challenge for mothers in the community to promote some baseline health screenings and coaching on a healthier lifestyle.

By the end of the challenge, the mothers had a special bond and decided to form a Rotary Community Corps called Ilaw ng Tahanan ("one who lights up the home") with the goal of involving more mothers in health education and wellness support — and later youth services, teen pregnancy prevention, and help with unhealthy substance use. Almost a year later, the RCC is preparing to open its own health center where mothers can come for peer-to-peer support.

Another strong example is in Colorado. In the fall of 2021, a small group of stakeholders from the Rotary Club of Highlands Ranch formed the Rotary Clubs of Colorado Endowed Fellowship for Pediatric Mental Health, which enhances the ability of Children's Hospital Colorado to recruit and train pediatric psychiatry providers and allows the hospital network to make additional appointments. This increases access to mental health care for children and decreases provider shortages.

Since then, the project has brought on new supporters and is now fully funded with a \$500,000 endowment. Investment income from this endowment will support a fellow—a psychologist or psychiatrist—at Children's Hospital. A new fellow will be named every one to two years, beginning spring of 2024. Over time this will create a cohort to bolster the mental health workforce, treating kids from all 64 Colorado counties and neighboring states.

There are many more great mental health project stories on Rotary Showcase, and I invite you to share your experiences as you begin your own projects. Also, please reach out to <a href="mindhealth@rotary.org">mindhealth@rotary.org</a> with any thoughts or ideas you would like to share about mental health in the Rotary world.

On 10 October, I will host a Facebook Live event when we will recognize World Mental Health Day and further explore how Rotary members can begin this journey. But I would like to leave you with one way every Rotary member can make a difference.

Right now, there is someone you know in the Rotary world — in your club, from a project you've worked on, in a Rotary Fellowship or Rotary Action Group — who could use a little more of your time and attention. Rotary is this great gift of global friendship, and that also means being there for each other.

Discovering the human connections that bind us is what we do through our membership every day. It's what Rotary has always been about, and we can build on it by helping each other find peace at home.

We need to learn how to ask not just "How are you?" but also "How are you really?" By doing so, Rotary can continue to *Oreate Hope in the World*.

## **CLUB PAST PRESIDENTS**



LORETA C. SY, PHF+4
Rotary Year 2013-2014
"Engage Rotary, Change Lives"



ORLANDO N. DELA CRUZ<sup>+</sup>
Rotary Year 2014-2015
"Light Up Rotary"

October 3, 2023



FREDERICK D. CAYABYAB, PHF
Rotary Year 2016-2017
"Rotary Serving Humanity"



JUANITO C. CUEVA, PHF+2 Rotary Year 2017-2018 "Rotary: Making a Difference"



EODEGARIO R. SANTOS, PHF+1
Rotary Year 2018-2019

"Be the Inspiration"



RYAN G. DELA CRUZ, PHF Rotary Year 2020-2021 "Rotary Opens Opportunities"



DAPHNY DORRIS P. DOMINGO, PHF+1 Rotary Year 2019-2020 "Rotary Connects the World"



MARYBELLE S. AGREDA, PHF+1
Rotary Year 2021-2022
"Serve to Change Lives"



BENJIE V. HOKSUAN, PHF+1
Rotary Year 2022-2023
"Imagine Rotary"

#### **ROSTER OF MEMBERS**

Nα	Rotarians	Classification	Spouse	
1	Abayon, Leonor C.	Insurance Brokerage	-	
2	Agreda, Marybelle S., PHF+1	Fuel Distribution	Adonis	
3	Balaoing, Gideliza R., PHT+2	Entrepreneurship		
4	Basilio, Lino E, PHF4	Restaurant Management	Veronica	
5	Cayabyab, Frederick D., PHF	Commercial Banking	Mercy	
6	Cordero, Marites M, PHF		,	
7	Cueva, Juanito C, PHF+3	Security Services	Yolanda	
8	Dalaten, Kaharudin G	Government Service-Provincial		
9	Dela Cruz, Ryan G, PHF	School Administration-Tertiary	laisha	
10	De Lima, Allan C	Government Service-City	-	
11	Domingo, Daphny Domis P., PHF4	Government Service-Environmental	-	
12	Espulgar, Jeff Adlrex B	Government Service-Investigator	-	
13	Eugenio, Kristine Hazel J.	Medical Services	-	
14	Felix, Jinna I.	Government Service-Transportation		
15	Gapas, Sarah M, PHF	Entrepreneurship	Antonio	
16	Go, Enrico Jacinto A	School Administration-Tertiary	Dona	
17	Hoksuan, Benjie V., PHF+1	Government Service-Treasurer	Mary Jane	
18	Hollite, Maribel S., PHF	Cable Management	Moises Rhonell	
19	Hurtado, Marie Antonina I., PHF	Government Service-Board Member	-	
20	Ilao, Yolanda C., PHF+3	Real Estate Broker	-	
21	Labiao, Hebah Abdullah G	Educational Services-Instructor	Jibril	
22	Lorenzo, Donnah Marie L	Government Service-Education	Jarge III	
23	Macaludos, John Farid K	Government Service-Legal (DTI)	-	
24	Magarang, Ana Nhara D	Government Service-Legal (DENR)	-	
25	Magsino, Roberto	Government Service	-	
26	Mari, Nervielle R	Government Service-Insurance	Nmfa	
27	Matinong, Miguel M	Government Service-Board Member	Agnes	
28	Porque, Joeden	Optometrists	-	
29	Pingoy, Dagny S., PHF+3	Hotel Management	Gerard Samuel	
30	Punsalan, Krisjuper Andreo J.	Government Service-Military	Regina	
31	Santos, Leodegario Jr. R, PHF4	Tire and Battery Distribution	Ruth	
32	Sarmiento, Alejandro Jr. T.	Medicine	Glezel	
33	Sueno, Bahandi B, PHF	Restaurant Management	-	
34	Sueno, Perfecto, Jr. D., P <del>HF+</del> 8	Fuel Distribution	Marilou	
35	Sy, Loreta C, P <del>I F+</del> 4	Construction Materials Distribution	Victoriano Sr.	
36	Sy, Eleosie Y.	Store Management	Victoriano Jr.	
37	Taghap, Marton N, PHF	Government Service	Arianne	
38	Tenecio, Eva L	Life Insurance	-	
39	Vargas, Mary Oris	Medicine-Obstetrics/Gynecologist	-	
40	Velasco, Dennis A, PHF	Judiciary	Jennifer	
NEW/MEMS				
1	Dafielmoto, Basilio E	Government Service- Civil Service	Annabelle	
2	Casado, Lesly Ann A	Secretarial Services	-	

Volume 11 | Issue 04 The Central Connection October 3, 2023



## **Club President's Message**

Rtn. Sarah M. Gapas

Pleasant evening my fellow Rotarians and to our supportive Spouses.

Let me take this opportunity to solicit your presence for our upcoming activities and projects. For this month we will be having the breast cancer awareness campaign and the World Polio Day celebration on 24<sup>th</sup> October. There is no update yet as to the details however, I am asking for your active participation in this concern. We will make sure that the club is visible in all Rotary events.

During the Areas 3FGH Committee Meeting, the schedule for the Governor's Night will be on November 4. Again, for the details, we will just wait for it.

Speaking of November, it will be The Rotary Foundation awarding month. This month, expect that we will be knocking on your doors for your generous contribution to the TRF. Remember that we already committed to the District Governor during her visit that we will give. So, this is just a little gentle reminder.

Finally, thank you to those who attended the Bamboo Planting activity held in Maribulan, Alabel, Sarangani. Your presence is a manifestation of support to the Hope Creating Year and a simple gesture of help has a bigger impact in the future. Photos of the said activity is posted in this bulletin.

Thank you once again and let us move forward!

The Central Connection Volume 11 | Issue 04 The Central Connection Volume 11 | Issue 04 October 3, 2023 October 3, 2023



# **Secretary's Report**

Rtn. Hazel Eugenio

Bamboo Growing, a Riverbank Rehabilitation Activity in caring and protecting Mother Earth held in Maribulan, Alabel, Sarangani on September 23, 2023





# **Trustee's Chair Message**

Barry Rassin



On 24 October, we renew our commitment to our top humanitarian goal for World Polio Day. This year, let's remember a young health worker in Pakistan known as Bibi Marjana (Miss Marjana). She braves the snow and cold in the mountains to vaccinate 84 children in rural areas, visiting each home, often miles apart.

Marjana is one of the thousands of frontline workers in Afghanistan, Pakistan, and outbreak areas I consider heroes in the final push to end polio. The work they do, coupled with the vision of our partners and the support you give, is moving mountains.

With Rotary's partnership, the Global Polio Eradication Initiative is aggressively pursuing two key goals from its 2022-26 strategy. First, we aim to halt wild poliovirus type 1 transmission. This year, only six cases have been documented as of this writing. Could this be the year we see the last of these poliovirus cases? We're cautiously optimistic that it might.

Second, we aim to report the final case of circulating vaccine-derived poliovirus type 2, or cVDPV2. in outbreak countries. About 80 percent of cVDPV2 cases last year occurred in subnational areas of the Democratic Republic of Congo, Nigeria, and Yemen. We must implement tailored strategies to stop the virus in these areas.

Other challenges persist, including political tensions, security risks and access issues, and the lasting effect of the pandemic in Afghanistan and Pakistan.

Despite these challenges, we are making progress. Poliovirus strains are diminishing, as is the number of affected regions where polio once prevailed. A new vaccine we have introduced reduces the incidence of the circulating vaccine-derived virus type 2.

Rotary is the organization that had the audacity to take on a global effort to protect children everywhere from disability or even death due to polio. We must have the tenacity to see it to the finish line.

What can you do to help us get there, you ask? Join or initiate a PolioPlus Society in your club or district and engage all members in this historic moment. And don't forget that the Bill & Melinda Gates Foundation continues to amplify Rotary's donations to polio eradication with a 2-to-1 match for every dollar.

You can also advocate the cause of polio eradication with governments to secure political and financial support and promote Rotary's leadership role in all media.

Like Marjana marching up the mountain, we have our goal in sight, and we will keep going until we aet there.